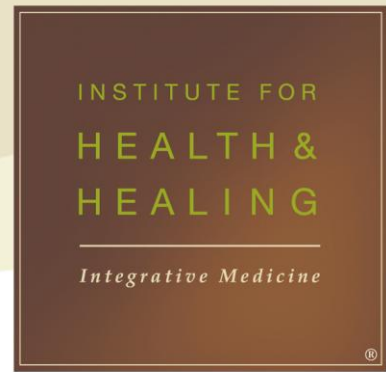


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## Integrative Chinese Medicine with Helen Ye, MS, LAc

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### Helen Ye, MS, LAc

Helen earned a Masters of Science degree in Traditional Chinese Medicine from American College of Traditional Chinese Medicine and an undergraduate degree from UC Berkeley in City Planning and Public Health. Her professional memberships include the California State Oriental Medicine Association, American Association of Acupuncture and Oriental Medicine, American Botanical Council, National Acupuncture Detoxification Association, and Acupuncturists Without Borders.

**Helen Ye** is an Integrative Chinese medicine practitioner who uses acupuncture, herbal medicine, and other methods to treat her patients. Helen has over 10 years of experience in the healthcare environment and has developed programs in major medical settings. She has studied with numerous teachers and practitioners of Traditional Chinese Medicine and incorporates her own experience and gentle touch to care for her patients. She continues to develop and explore new techniques to provide the best care possible.

Helen specializes in stress management and women's health, and sees patients who have complex health histories including immune dysfunction, mood disorders, sleep issues, digestive disorder, pain, and those in hospice care.

Appointments Mondays, from 9:00 am – 6:00 pm  
Wednesdays, from 9:00 am – 12:30 pm  
Thursdays, from 9:00 am – 5:00 pm  
Call 415-600-3503  
Location Institute for Health & Healing  
2300 California St., Suite 103, San Francisco

Services New Patient 90 min intake - \$162 (reg \$180)  
Follow up acupuncture treatment - \$81 (reg \$90)  
Group acupuncture treatment - \$35

*We can bill some PPO, POS insurance plans for acupuncture. Please contact your insurance company for details about your acupuncture benefit.*